

Asterhill Research Company

Research, Planning and Healthy Communities Advocate

STEEPE MODEL

A healthy city fosters cooperative partnerships within the community and through the political process to create political commitment, institutional change, capacity-building, consensus building, partnership-based planning and innovative projects. Healthy Cities seek to apply principles such as equity, empowerment, inter-sectoral collaboration and community participation through local action in urban settings.

Community health and sustainable development has become an important alternative, offering lasting solutions to strengthen our future. Sustainable development seeks to take approaches that benefit our local communities, environment and quality of life.

The goal is to put health high on the social, economic and political agenda of all leaders; health is the business of all sectors and local authorities; leaders are in the unique position, with power to protect and promote their citizens' well-being. STEEPE is an approach that integrates two sets of long-standing principle: one that encompasses people's relationship with the environment, and second regarding the current generation's responsibilities to future generations. For a community to be healthy, it must consider an approach that includes these factors:



Social & Cultural. How to interact and participate in our communities and with each other plays a significant role in the health of the community.

Technology & Education. Education is the light of the future. Teaching our children about sustainability –how we are managing our resources to meet our current needs and to enable meeting their future needs— will impact countless generations to come.

Economic Stability. Economic activity should serve the common good, be self-renewing, create strategic alliances, and build local resources and self-reliance. Free Market approaches can thrive and become the anchor of the community.

Environment & Ecological. Planning and development activities should recognize and conserve our resources. Resources should be used wisely and for the highest and best uses.

Political & Legislative. Since Nature has limits, communities—the human part of the equation—must take responsibility for protecting and enhancing their resources. Leaders must become engaged and lead the way.

Equity. Healthy communities provide, to all of their members, the opportunity for full participation in all activities, benefits and decision-making of a society.